

Wayne Anderson, ND

Neurotoxin illness; Mechanisms of action and treatment strategies

Disclosure Statement:

Wayne Anderson, ND has indicated he has no relevant financial relationships with any commercial interests.

About the lecture:

We will be looking at a family of pathogens (Lyme and the co-infections, toxic mold species, the chemical toxins and heavy metals) that have similar mechanisms of action, signs and symptoms. We will be breaking this group down by symptoms presentation, understanding how to recognize them in clinical practice. Laboratory tests that can be helpful to appreciate the role that neurotoxins have in disrupting the immune, endocrine and the nervous system. Once we have improved our differential diagnosis of this family of interrelated neurotoxins we will discuss treatment protocols.

About Dr. Anderson:

With a background in education, Dr. Anderson understands the role of teaching in medical care. Working with grade school students he saw that diet and environment impacted student's mood and behavior. This sent him back to school for training as a Naturopathic doctor. A growing focus on natural healing approaches in clinical practice in Oregon caused him to broaden his assessment and treatment skills and he earned the designation of Physician Assistant.

For two decades, Dr. Anderson practiced in a busy community-based family medical center, treating individuals and families from birth to old age. His emphasis on patients experiencing chronic illness grew. As he became aware of the prevalence of chronic Lyme disease and related conditions he realized the important part they play in chronic illness.

In 2002, Dr. Anderson left family practice to work with Eric Gordon MD. Now he has a practice with a concentration on chronic illness, using tools and experience from both conventional and integrative medicine. At GMA, with a growing focus on Lyme disease, he has developed a deeper understanding of chronic illness, its treatment, and the frontiers still available as possible solutions.

A curious and dedicated clinician, Dr. Anderson is committed to the ongoing process of learning and teaching. In addition to his clinical practice, Dr. Anderson maintained his initial focus on teaching. For over 20 years he taught medical students at Touro Osteopathic Medical School, and supervised residents from Sutter Hospital and interns from the Physician Assistant programs in the clinic setting. He is also a popular speaker on the topics of Lyme disease and neurotoxin illness.

For more than 25 years, Dr. Anderson has known that his patients are partners in the process of learning about and treating their illness, whether they choose conventional or alternative medicine or a combination of both. He listens to understand each patient's strengths and challenges and improve his effective interaction with them. He sees every person as complex, integrated, and unique, and believes that treatment should optimize health and wellbeing.

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