



James Biddle, MD

Integrating Advanced Vascular Risk Factors

About the lecture:

Atherosclerotic Vascular Disease is the leading cause of death in the industrialized world. Physicians need to know the pathophysiology of atherosclerosis, the classic vascular risk factors, and novel and emerging vascular risk factors. These include inflammation, poor dietary choices, sleep apnea, testosterone deficiency, homocysteine, Lp(a), iron overload, and elevated burdens of lead, cadmium, mercury, and arsenic. In addition, physicians should understand non-invasive methods to evaluate the severity and progression of ASCVD.

About Dr. Biddle:

James Biddle, M.D. graduated from the University of Missouri-Columbia School of Medicine in 1989 and completed residency in Internal Medicine in Portland, OR in 1992. He specializes in "Integrative Medicine," combining the best of conventional and complementary approaches. Dr. Biddle is Board Certified by the American Board of Internal Medicine and is also certified in Clinical Metal Toxicology. He is a Member of the American College of Physicians and served 6 years on the Board of the American College for Advancement in Medicine (www.acam.org). Dr. Biddle has also been certified in hypnotherapy, massage therapy, Reiki, and holds a 1st Dan Black Belt in TaeKwonDo. In addition, Dr. Biddle is a member of Earthaven (www.earthaven.org), a Permaculture community building toward a sustainable society that nurtures both humans and the earth. Passionate about public education, Dr. Biddle produced a non-commercial, public-access TV show entitled "Future Doc" and available on You Tube (www.youtube.com/user/FutureDocTV). He currently runs Asheville Integrative Medicine in Asheville NC (www.docbiddle.com).

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