

# Matthew Cave, MD

## Complementary and alternative medicine in liver disease

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### **Disclosure Statement:**

Matthew Cave, MD has no relevant financial relationships to any commercial interests.

### **About the lecture:**

Epidemiologic studies suggest that greater than 1/3 of Americans have liver disease. Despite the high prevalence of liver disease, there are few FDA-approved therapies for liver disease. Importantly, there are no FDA-approved therapies for steatohepatitis which is the most common form of liver disease. Therefore, many patients choose Complementary and alternative medicine (CAM) therapies. This lecture reviews the weight of evidence for some of the more commonly used and emerging CAM therapies for liver disease.

### **About Dr. Cave:**

Matthew Cave, MD, is an assistant professor at the University of Louisville. He has appointments in the Department of Medicine, Division of Gastroenterology, Hepatology, and Nutrition; and the Department of Pharmacology and Toxicology. He specializes in the care of patients with liver disease, and he is a member of the Jewish Hospital Liver Transplant Center. His research focus is on the role industrial chemicals in chronic liver disease and nutrient-toxin interactions in liver disease.

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