



Jeffrey Morrison, MD

Symptom Relief and Weight Loss from Adherence to Meal Replacement Enhanced Diet

Disclosure Statement:

Jeffrey Morrison, MD has indicated he is owner of Daily Nutritional's , Inc.

About the lecture:

Recently, detox diets have achieved notoriety in the popular press due to celebrity endorsements and marketing suggesting quick and easy weight loss. Although studies have been done to evaluate the weight loss outcomes of popular diet programs such as Weight Watchers, Atkins, and others, no outcomes studies have been done to support the results that are claimed for detox diets. The aim of this report is to provide information enabling evaluation of change in weight and medical symptom scores in 31 patients who adhered to a 4-week meal replacement enhanced Detox Diet.

About Dr. Morrison:

Dr. Jeffrey Morrison is an award-winning medical doctor who champions a nutritional approach to healthcare, focusing on preventing and reversing degenerative and chronic diseases. Dr. Morrison's specific treatments are aimed at enhancing the body's ability to heal and detoxify itself. In 2001, Dr. Morrison was on the medical staff at the Atkins Center for Complementary and Alternative Medicine in New York City, where he worked under the late Dr. Robert Atkins. He then went on to become the medical director of the Wellness Medical Center of Integrative Medicine in New York City. In 2002, Dr. Morrison opened The Morrison Center, where he has used his successful integrative medicine and nutritional approach for patients with arthritis, high blood pressure, hormone imbalance, obesity, diabetes, chronic fatigue, anxiety, depression, heavy metal poisoning, and many other ailments. His areas of expertise also include fibromyalgia, irritable bowel syndrome, hypertension, and mercury poisoning. He also has extensive experience with intravenous therapies including toxic metal chelation, food and hormone allergy testing using P/N (Provocation/Neutralization), prolotherapy, natural hormone replacement therapy and herbal remedies. Dr. Morrison has an undergraduate degree from the University of Rochester and received his medical doctorate from Jefferson Medical College in Philadelphia. He is trained and Board Certified in Family Practice and has completed additional training in Environmental Medicine. Dr. Morrison is a member of the American Academy of Environmental Medicine (AAEM) as well as a lecturer and Board Member for the American College for the Advancement in Medicine (ACAM). Dr. Morrison has made many television appearances, written journal articles, chapters for textbooks, and has lectured throughout the country in the field of integrative and complementary medicine. See his web sites: www.TheMorrisonCenter.com and www.DailyBenefit.com.

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