



Mona Morstein, ND

The Naturopathic Treatment of Diabetes

About the lecture:

Diabetes Mellitus is at an epidemic in our country today, and a comprehensive treatment of this complex condition is necessary for all patients. Physicians should have a good clinical knowledge of safely and responsibly using diet, sleep, exercise, supplements and conventional medications with diabetic patients to get their condition under full control and also to prevent and reverse diabetic complications.

About Dr. Morstein:

Dr. Mona Morstein earned a BS summa cum laude in Foods and Nutrition at Arizona State University. She graduated from National College of Naturopathic Medicine in 1988 and completed a year residency at NCM in Family Practice. She had a medical clinic for thirteen years in Great Falls, before she joined Southwest College of Naturopathic Medicine as full-time faculty. Dr. Morstein is Chair of Nutrition, Gastroenterology professor and supervises students in the outpatient clinic. Dr. Morstein specializes in diabetic and pre-diabetic patients, speaking at numerous conferences each year on this topic. She also sees many gastroenterological, female and standard Western Medicine health concerns in patients of all ages and both genders.

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