



## Jonathan V. Wright, MD

### Testosterone & A Few Other Therapies for Older Men: Safe & Effective Use

#### Disclosure Statement:

Jonathan V. Wright, MD has indicated he is a Medical Director for Meridian Valley Laboratories.

#### About the Lecture:

Following the methyltestosterone debacle of the late 1940s and early 1950s (a direct parallel to the WHI debacle for women) interest in testosterone therapy declined dramatically for several decades, regaining popularity only within the past two decades as more and more male “baby boomers” entered andropause, and as research finally exploded most of the myths about testosterone replacement, many of which were directly attributable to methyltestosterone administration.

This discussion will cover clinical evaluation of andropause, appropriate laboratory evaluation, endogenous stimulation of testosterone, and exogenous treatment with bio-identical testosterone and related hormones. It will include monitoring for safety, including the anticipation, recognition, and correction of the common problem of testosterone hyperaromatization.

#### About Dr. Wright:

A long-time pioneer in the field of nutritional biochemistry, Dr. Jonathan Wright has been instrumental in developing nutritional protocols and educating practitioners in nutritional medicine for over 30 years. In 1982, Dr. Wright personally developed the use of bio-identical estrogens in daily medical practice, and was the first to use DHEA in private practice. He originated successful natural treatment for elimination of childhood asthma and D-mannose treatment for E. coli urinary tract infection, and discovered cobalt's effect on estrogen detoxification.

Dr. Wright is internationally known for his books and medical articles. He has authored/co-authored 11 books, selling over 1.1 million copies, with two texts achieving best selling status: “*Book of Nutritional Therapy*” and “*Guide to Healing with Nutrition*”. Dr. Wright authors *Nutrition and Healing*, a monthly newsletter emphasizing nutritional medicine in medical practice that reaches over 90,000 in the USA, and another 20,000 or more worldwide.

Dr. Wright continues to be an advocate for patient freedom of choice in healthcare, participating in various organizations dedicated to health freedom. The infamous 1992 FDA Tahoma Clinic “raid” (“The Great B-Vitamin Bust”) was a major impetus for Congressional reform of vitamin/mineral regulation.

Dr. Wright is the Medical Director of Tahoma Clinic in Renton, Washington where he also practices medicine.

#### Contacting Dr. Wright:

801 S.W. 16<sup>th</sup> St., Suite 121, Renton, WA 98057 425.264.0059– Office

“Optimal Health through Integrative Medicine” November 5-7, 2010 Las Vegas, Nevada  
ACAM 8001 Irvine Center Drive, Suite 825; Irvine, CA 92618 949.309.3520 (p) 949.309.3538 (f)